

## Week One

Monday

- 1) Margarita Pizza Jacket Wedges & Sweetcorn
- 2) Veggie Burger, Wedges & Sweetcorn
- 3) Cheese Sandwich

Dessert: Strawberry frozen yoghurt

Tuesday

- 1) Sausage & Mash, Carrots & Onion Gravy
- 2) Veggie Sausages, Mash, Carrots & Gravy
- 3) Chicken Sandwich

Dessert: Lemon & Courgette Muffin

Wednesday

- 1) Roast Chicken, Stuffing, Roast potatoes, Fresh Seasonal Vegetables & Gravy
- 2) Homemade Red Onion & Cheese Slice
- 3) Tuna Mayo Wrap

Dessert : Organic ice cream tub

Thursday

- 1) Pasta Beef Bolognese  
Garlic bread, & Green Beans
- 2) Tomato & Vegetable Pasta
- 3) Egg Mayo Sandwich

Dessert: Apple Flapjack

Friday

- 1) Oven Baked Fish  
Chips & Peas or baked beans
- 2) Veggie Nuggets
- 3) Ham Sandwich

Dessert: Pip Organic Ice Lolly

## Week Two

- 1) Mac n Cheese  
Garlic bread & Green beans
- 2) Margarita Wrap  
Homemade Potato Wedges & Green beans
- 3) Egg Mayo Sandwich

Dessert: Chocolate Crispie Cake

- 1) Mild Chicken Curry & Brown/White Rice & Naan bread
- 2) Sweet Potato & Chickpea Curry
- 3) Tuna Sandwich

Dessert Apple & Cinnamon Muffin

- 1) Roast Turkey, Stuffing, Gravy  
Roast Potato & Fresh Seasonal Vegetables
- 2) Lentil Loaf
- 3) Falafel Wrap

Dessert: Shortbread

- 1) Cottage Pie with Crunchy Potato  
Topping with Seasonal Veggies
- 2) Crispy Vegetarian Pie
- 3) Cheese Sandwich

Dessert: Oat Cookie

- 1) Oven baked Cod Fish Fingers  
Chips & Peas or Baked Beans
- 2) Veggie Nuggets  
Chips & Peas or Baked Beans

Dessert: Pip Organic Ice Lolly

## Week Three

Jacket potatoes with various fillings everyday!

- 1) Fish Pie With a Selection of Fresh Veggies
- 2) Margarita Pizza Herby Diced Potatoes & Sweetcorn
- 3) Egg Mayo Sandwich

Dessert: Frozen Mango smoothie

- 1) Beef Lasagne, Garlic Bread & Green Beans
- 2) Roasted Vegetable Lasagne & Garlic bread
- 3) Ham Sandwich

Dessert Chocolate Beetroot Brownie

- 1) Honey Roast Ham  
Roast Potato & Seasonal Veggies
- 2) Cauliflower & Broccoli Bake
- 3) Tuna Mayo Sandwich

Dessert Strawberry Whip

- 1) Chicken & Ham Pie Creamed Potatoes  
and Fresh Seasonal Veggies
- 2) Veggie Parcels
- 3) Cheese Sandwich

Dessert Carrot Cake

- 1) Oven Baked Cod Fish Fingers  
Chips & Peas or baked beans
- 2) Cheese Omelette

Dessert: Organic Ice Cream Tub

