

Dear Families

Junior Life Skills 2022 at Quayside Leisure Centre - Friday 11th October 9.30am to 12.00pm

Junior Life Skills is a practical training experience for Year 6 pupils to help them to prepare for the hazards they are likely to encounter in life. Similar events take place both nationally and locally.

The Junior Life Skills project aims to equip young people to meet some of those challenges by encouraging an understanding of their own health and safety, developing coping skills to ensure their own personal safety and how to respond appropriately in emergency situations.

The objectives are:

- To be able to keep safe and use basic safety procedures
- To be able to accept responsibility for the safety of themselves and others
- To acquire a knowledge of and be able to practice basic first aid
- Recognise some environmental hazards and how these may be reduced
- Understand that particular actions have consequences for themselves and others

The children will initially attend a short briefing session to explain what the morning will hold for them. The children will then be sent off to 'experience the event' under the supervision of their adult helper. Each of the scenarios will last about ten minutes. The scenarios are all provided and staffed by recognised experts in their field and are designed to be safe. Practical demonstrations are realistic and may startle some children although none of the children should be frightened. Each scenario will be contained within Quayside's premises. After they have experienced all nine scenarios they will return to the briefing area before returning to school.

The children will need to wear their **school uniform**. As some events will be outside, warm/wet weather gear may be required. Trainers with non-marking soles are the most suitable footwear. We kindly ask that parents drop their children at the leisure centre at **9.10am** where they will be greeted by their teacher. We are asking for volunteers for the morning too. Please complete below if you are able to help. We have arranged for Tally Ho to bring the children back to school afterwards for lunch.

I give permission for my child _____ to attend the Junior Life Skills event at Quayside Leisure Centre on Friday 11th October 2024.

I am/am not* (*please delete as applicable) able to volunteer for the event.

Signed: _____

Print name: _____

Daytime contact number/mobile: _____



All Saints' Thurlestone C of E Academy
Thurlestone,
Devon, TQ7 3NB
T: 01548 560494 **E:** thurlestone@lapsw.org
W: thurlestone-lap.co.uk



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