

Dear Families,

We were delighted to officially welcome our Reception children and their families into our school community at yesterday's **Reception Welcome Service**. It was a joyous occasion, full of warmth and excitement as our new starters settled in and began their school journey with us.

Our Year 6 students were absolutely thrilled to meet their Reception buddies and took great pride in sharing their favourite things about our school. Watching the older children guide and support their new friends was truly heartwarming, and we are sure that these new friendships will grow throughout the year.

A huge thank you to our wonderful parents and church family for being a part of this special event. Your presence made the day even more meaningful, and we're so grateful for your ongoing support.

We look forward to an exciting year ahead, filled with learning, friendship, and growth for all our children!

Best wishes,

Miss Coombe

Some important information for next week-

- PE for all classes every **Wednesday** (children may come to school in PE kit and stay in It all day)
- Forest and Beach sessions will resume next week, and this half term **Sedgewell Cove** will be taking part in the morning session and **Leas Foot** will be taking part in the afternoon session.

Forest and Beach Dates Autumn 1

Tuesday 8th October

Tuesday 15th October

## **Lumi Nova - A therapeutic digital intervention (game) for childhood anxiety**

Lumi Nova: Tales of Courage is an engaging child-led, therapeutic intervention that can be used on most smartphones or tablets. It is free for all users and commissioned by the Mental Health in Schools teams.

A therapeutic digital intervention (game) for childhood anxiety:

- For 7-12 year olds (facing difficulties with anxiety)
- Therapeutic basis: Psychoeducation and Exposure therapy
- Embedded outcome measures
- Built in safeguarding & accessibility features
- Available on Android and iOS
- Co-created with young people, guardians, teachers, clinicians, academics, game experts

Please ensure this is shared with parents and colleagues.



**Digital therapy enabling children to self manage their worries.**

**LUMI NOVA**  
TALES OF COURAGE

- ✓ For ages 7-12 yrs
- ✓ Suitable for children with mild - moderate anxiety\*
- ✓ NICE recommended

**Get free Access**

[luminova.app/get-access](https://luminova.app/get-access)



Not recommended for use with children who have severe anxiety, are in crisis, have suicidal thoughts or are at risk of self harming without clinical supervision. See instructions for use: [bit.ly/luminova-fu](https://bit.ly/luminova-fu)

## Key Dates Autumn Term

Event	Date / Venue
First day of Autumn Term	5th September
Yarmer and Leas Foot trip the Golden Hind	14 <sup>th</sup> October
Parent Consultations	14th October & 23 <sup>rd</sup> October
Children in Need Day	15th October
Half Term	28th October-1st November
Christmas Crafternoon	11th December
Christmas Dinner	6th December
Christmas Jumper Day	12th December
KS1 Nativity (am)	18th December
Last day of Autumn Term	19th December

### *Save money on your childcare costs*

*The cost of childcare can take up a large chunk of the family budget. Whether you have babies, toddlers or teens, you could get support.*

*There are several Government schemes to help families with childcare costs, each one tailored to different needs, incomes and children's ages. They're not just to help pay for nurseries and childminders during term time, they can also cover wraparound childcare before and after school as well as help during the holidays.*

*To find out about all the schemes, [visit the Government's Child Care Choices website](#) and enter your details to see how you can save money on your childcare.*

*We have a duty to ensure there is enough childcare to meet parents' needs. [Use our online form](#) to tell us if you haven't been able to find the childcare you need.*

### *Get a healthy start this autumn*

*If you receive certain benefits and are more than ten weeks pregnant, or have at least one child under four years old, you may be entitled to get help to buy healthy food and milk.*

*If you're eligible, you'll be sent a Healthy Start card, with money added every four weeks to buy cow's milk, fresh, frozen, and tinned fruit and vegetables, fresh, dried, and tinned pulses and infant formula milk based on cow's milk.*

*You can also use your card to collect Healthy Start vitamins to support you during pregnancy and breastfeeding and vitamin drops for babies and young children suitable from birth to four years old.*

<https://www.healthystart.nhs.uk/how-to-apply/>

## **Autism and Us Programme**

*Devon's popular Autism and Us programme returns in September, with a combination of free four-week courses and one-off workshops.*

*It offers support for families of children and young people who are either on the neurodiversity assessment waiting list or who have received a diagnosis of autism.*

*Parents and carers have opportunity to develop your understanding of autism and look at practical solutions to managing and supporting your child's presenting needs, whilst also connecting with other parents or carers.*

*The free four week 'live online' programme is run twice a term, with weekly two hour sessions on Microsoft Teams, each focussing on a different topic starting with an overview of autism, then communications needs, understanding and supporting behaviour and sensory needs.*

*There's also popular themed or topic based workshops, which lead on from the course, covering things like managing stress and anxiety, vulnerability and online safety and demand avoidance.*

*Full details, including course dates and how to secure your place, are available on the website.*

[Autism and Us Devon](#)

No.	Programme topic	Programme one date	Programme two date
1	Autism overview	Tuesday 24 September: 10am – 12pm	Thursday 14 November: 4.30pm – 6.30pm
2	Sensory	Tuesday 1 October: 10am – 12pm	Thursday 21 November: 4.30pm – 6.30pm
3	Communication	Tuesday 8 October: 10am – 12pm	Thursday 28 November: 4.30pm – 6.30pm
4	Understanding and supporting behaviour	Tuesday 15 October: 10am – 12pm	Thursday 5 December: 4.30pm – 6.30pm

Workshop topic	Date and time
DiAS (Devon Information and Advice Service) and PCFD (Parent Carer Forum Devon)	Thursday 17 October: 10am – 12pm
Autism – Sensory processing and integration	Tuesday 5 November: 9.30am – 12pm
Autism and girls	Wednesday 23 October: 9.30am – 12pm
Autism – Demand avoidance and PDA	Wednesday 20 November: 10am – 12pm
Autism – Communication (speaking children – support strategies)	Tuesday 10 December: 10am – 12pm
Autism – Managing stress and anxiety	Thursday 7 November: 10am – 12pm
Autism – Vulnerability and online safety	Thursday 14 November: 10am – 12pm
Autism – Communication (non/limited speaking children – support strategies)	Thursday 21 November: 10am – 12pm



### Free Webinar - Supporting children to talk and read at home

We know that speech, language and communication are vital to all areas of learning and future success in school and at work.

Action for Children are running a free webinar to give parents reassurance and understanding of the importance of speech and language development and learn strategies so that you can support your child and their learning opportunities and help them to talk and read at home.

The webinar will cover the following topics:

- Developmental milestones and what to expect at different ages and stages
- How to support your child with strategies to encourage and develop speech and language skills
- What can impact a child's speech and language development
- Bilingualism
- Dummies
- Common concerns parents may have

Visit Action for Children's Eventbrite page to book your place on the webinar which will take place on Microsoft Teams at 7pm on Wednesday 11 September 2024.

There will also be a free follow-up online workshop on Wednesday 25 September between 10am and 11am.

## All Saints Thurlestone Academy Weekly Bulletin

Welcome to our weekly bulletin. Below you will find lots of useful information and lovely news from your child's classroom.



## Steeple Cove Nursery

This week Steeple Cove have been focussing on..... Numbers 1-10  
This week we have been looking at how to count 1-10, we learnt to count by playing pizza restaurants. How many slices of pizza would you like? How many olives on your pizza?

We became pirates this week by finding buried treasure! We hunted through the sand to find golden coins, on the coins we discovered that they had hidden numbers on, as good pirates we ordered the numbers to sail away the pirate ship.

On Thursday we became gardeners and chefs! We ventured down to the school garden and discovered lots of vegetables growing; purple beans, carrots, beetroot, tomatoes, onions, a marrow, raspberries and an apple tree, the children picked the apples and decided as a group to make apple crumble. The children washed, peeled, chopped, and crumbled the mixture ready for the oven.



Phonics sounds of the week-

This week we have introduced the letter sounds;

l i i- insect

Nnnnnn- net

### Star of the Week!



### Star of the Week

Grayson

Grayson has made so much progress this term already! He has tried new foods, joined in with cooking activities, sits for circle time and has made so many new friendships.

Well Done, Grayson!



## Yarmer Reception / Year One

What a week! Two amazing church services in which the children performed at both! Didn't they do incredibly well singing their songs so beautifully and sharing their gorgeous hedgehog models. We were amazed at how confidently they approached these new experiences, singing their socks off with bright smiles on their faces. Well done Reception! Back in school we have enjoyed a few new resources including some fishing rods for the water tray and some new balancing scales to help us explore weight. Within our art lesson, we have enjoyed finishing our sketches in the style of Brian Pollard by adding colour and using black fine tip pens to highlight details. Within our maths we have continued exploring numbers to 10. It was exciting to experiment with a number line and discover how this can be a useful tool to help us with our calculations.



### Home Learning

Reception – Handwriting: ‘n’ – down Nobby and over his net. ‘p’ – down the pirates plait and over the pirates face.

RWI Videos: We have learnt these sounds this week **b f e l h** below are links to the videos for each of these sounds should you wish to practise them at home.

b - <https://schools.ruthmiskin.com/training/view/8J6u8Xdl/z9Wl3rMh>

f - <https://schools.ruthmiskin.com/training/view/227JV8kO/TSntpbqQ>

e - <https://schools.ruthmiskin.com/training/view/UDZ6PG1U/sncPGjr1>

l - <https://schools.ruthmiskin.com/training/view/NUY3fPL3/T2fvJggH>

h - <https://schools.ruthmiskin.com/training/view/hHC1iw24/Q2KZdKP7>

Year 1 – Maths worksheet – Create your own number line and answer questions.

### Reading in Yarmer:

Reading is key to everything your child will do in school. At Thurlestone we want our children to be confident readers with a love of books. Your support with reading at home is essential. Your child will bring home their reading record along with their RWInc book. It is important that they read their book at least three times a week with a grown up. Please make a comment about their reading in the reading record and we will follow this up in class.

Please note, Reception children will not be receiving a reading book until their newly taught phonic knowledge is fully embedded. Please practise their sound keyring regularly.

Please can **RWInc reading books to be sent into school daily.** We have regular volunteers who help by listening to readers. We therefore need their books in school.

Books will be collected in for updating on **Thursday and returned on Friday.** The book will only be changed once it has been read a **minimum of three times.**

**EVERY**day  
counts  
attendance matters

#### **Attendance**

Our attendance target is 98%  
Last week's attendance was 98%  
Brilliant effort Yarmer!

#### **Star of the Week**

Ettie

Ettie has astounded us with her increased confidence this week. She has been a social butterfly engaging with a range of different children from Yarmer class. It has been a joy to witness her smile and giggle during our PE lessons and to see her letter formation develop beautifully within our RWI lessons. Well done Ettie. We are so proud of you.



## Leas Foot Year One / Two

This week in Leas Foot has been a wonderful blend of learning and celebration! We gathered at the church to mark the Harvest Festival and officially welcomed the new Reception children into our school family. In maths, we proudly completed our place value work, showing just how much we've grown in our understanding. Our story time saw the exciting conclusion of *Ravi's Roar*, which had us captivated all week. We also expressed our gratitude by writing thoughtful thank you notes to God for the blessings of Harvest. In art, we let our creativity shine as we made beautiful autumnal pictures inspired by the vibrant style of Brian Pollard. Finally, we shared meaningful discussions about our families, reflecting on why they hold such a special place in our hearts. A truly enriching week!

### Home Learning

Year 1 – Y1 Maths: Maths Activity Mat Autumn 1 (4)

Year 2 – Y2 Maths: Maths Activity Mat Autumn 1 (4)

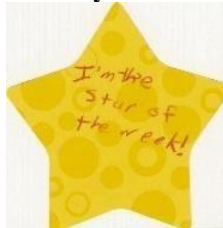
Home learning due in: Thursday

Reading in Leas Foot: Reading is key to everything your little one will do in school, and we want every child to be confident readers with a love of books. Your support with reading at home is key to this. Your child will bring home their reading record along with their RWInc books. It is really important that they read their book at least three times a week with a grown up. Please make a note of any comments in their reading record and we will follow them up in class.

Please bring RWInc books into school daily. We have regular volunteers who help by listening to readers. We therefore need their books in school.

Books will be collected in for updating on Thursday and returned on Friday. The book will only be changed once it has been read a minimum of three times.

### Star of the Week!



### Star of the Week

Bamber

Listening carefully, following instructions the first time they are given and working hard to be independent. We're so proud of his effort and progress!

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### Attendance

Our attendance target is 98%

Last week's attendance was 98%

Great work Leas Foot!!



# Sedgewell Cove Three / Four

## This Week

Sedgewell Cove have had a really busy, productive week with lots of learning and enrichment.

As writers we have been exploring the use of adverbs within our writing to add detail about how something was done and the children created some really great sentences.

We have been comparing and ordering numbers in Maths and have been using the vocabulary of greater than, less than and equal to do this.

As Geographers we have learnt about the power of water and how rivers can shape the land. We have used the technical vocabulary of erosion, deposition and transportation as processes that occur and also words like estuary, waterfall, meanders and floodplain to learn about the types of landforms around rivers.

We were very proud of the children who shared their Harvest poems at our service at the church – they all did a brilliant job. Following this we all had a fantastic morning at Forest School and then in the afternoon we continued learning the ukuleles – what a busy day Tuesday was!



## Home Learning

Home learning this year will consist of reading, spellings, maths, times tables and curriculum themed projects.

### Reading

Reading is key to everything your child will do in school. At Thurlstone we want our children to be confident readers with a love of books. Your support with reading is essential. Children are expected to read at least four times a week with a parent. Please record the name of the book your child has read and the pages they have read.

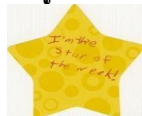
### Home Learning

For home learning this week, I would like you to complete some drawing work to practise the skills you have been learning in Art.

### Spellings

The children will have a sheet of look, cover, write, check spellings to complete ready for a test on Friday 11<sup>th</sup> October

### Star of the Week



### Star of the Week

George!

George always works really hard, is incredibly helpful, behaves excellently at all times and is thoroughly engaged in all of his learning. You are a Year 4 superstar George!



### Attendance

Our attendance target is 98%  
Last week's attendance was 92%  
Let's try and improve next week!



# Butter Cove Four / Five

This week

We have had another fantastic week in Butter Cove. This week we have enjoyed two church services. On Tuesday we celebrated harvest and were thankful for everything we have. As a class we all shared a poem we had learnt in class with the rest of the school which was wonderful. On Thursday we also welcomed in the new reception children to our school family. A special well done goes to the children that read out a lovely poem to the reception children. They all spoke beautifully – it was a lovely message they were able to share.

As scientists this week, year 5 have continued their learning on forces and this week we looked at two forces in particular – air resistance and gravity. The children particularly enjoyed making parachutes to discover that the larger the area the more air resistance it had.

This week we also celebrated National Poetry Day by learning a poem 'How to cut a pomegranate' and performed it as a class. As part of your home learning this week, I would like you to find a poem you would like to share with the class. If you can, it would be really lovely if you could learn this off by heart (perhaps you could add some actions too!)

## Home Learning

Home learning this year will consist of reading, spellings, maths, times tables and curriculum themed projects.

### Reading

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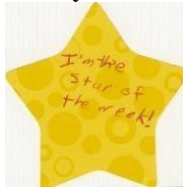
### Home Learning

This week for home learning, I would like you to go away and learn a poem to share with the class as well as bring in a picture of your beloved pet (if you have one) for us to use in our Art lessons!

### Spellings

Each week I will be setting the children spellings for them to learn. These will either be set from the Year 3/4 or Year 5/6 spelling lists. The children will be tested on these spellings every **Friday**.

### Star of the Week!



### Star of the Week

Elena

For always working incredibly hard with everything that she does. She always shares her ideas with the class and is a fantastic role model for our school.

**EVERY**day  
counts  
attendance matters

### Attendance

Our attendance target is 98%  
Last week's attendance was 94%  
Let's try and improve next week!

# Bantham Six

Another fantastic week in Bantham! We have been starting to plan our first piece of independent writing of the year, based on *Paperman*, which we all really enjoyed watching and using as inspiration for our own ideas! Some of Year 6 have played starring roles in our Harvest service and our Reception Welcome service at church this week and did themselves proud with their beautiful Harvest prayers and their lovely explanations about why our school is so special. Year 6 have also been given their Reception class buddies this week and are very excited to start showing them the ropes and being there to support them at the beginning of their journey at Thurlestone – what a great opportunity to be brilliant role models!

In the classroom this week we have been learning about the different ways plants have adapted to live in their specific environments in Science, and we have begun to learn about the journey of rivers in our Geography lessons. We have also been having a fantastic time in PE, where we have been focusing on football. In our lesson this week, we had a mini tournament; everyone was so sporting and supportive of one another and we had a great time getting to practise the skills we have been working hard on in our lessons so far!

## Home Learning

Home learning consists of reading, spellings, Maths and curriculum themed projects.

### Reading

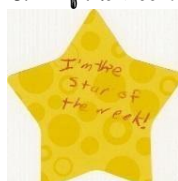
Reading is key to everything your child will do in school. At Thurlestone, we want our children to be confident readers with a love of books. Your support with reading is essential. Children are expected to read at least four times a week with a parent. Please record the name of the book your child has read and the pages they have read.

### Home Learning

Having received our Reception buddies this week, I would love for you all to come up with (and write down on paper) a *Thurlestone Top Tips* to help them get to grips with the new school. It could be to help them learn about the rules and expectations, it could be some top tips from your own time here and things that really helped you, it could be anything that you think will really help them settle in and get to know a bit more about life at school!

Each week I will be setting the children spellings to learn. These will come from the statutory Year 5/6 spelling lists. The children will be tested on these spellings every **Friday**.

### Star of the Week!



### Star of the Week

#### Siena!

In Maths this week I have really challenged Siena to push herself to try and build her confidence and she has stepped up to every single challenge and had a go, even when it has been really tricky! What great resilience Siena!

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### Attendance

Our attendance target is 98%  
Last week's attendance was 96%  
Lets try and improve next week!